



Welcome

**This is a private facility built as a Centre of Excellence
For the Sport of Gymnastics
Run by Qualified British Gymnastics Coaches**

Welcome to Deal Gymnastics Club. The Centre was built and equipped in 1994 and extended in 2003 by the volunteers at the club. These dedicated volunteers donate thousands of hours to run the Centre.

The aim of the club is to provide a safe, effective and user-friendly environment in which the members can participate in the sport of gymnastics under the guidance of appropriately qualified British Gymnastics Coaches. In 2005 the club achieved 'GymMark' status.

Below are the principals of how we operate the facility and policies we have put in place for a safe, effective environment. Copies of full policies are on display on the Club's main noticeboard opposite Reception and on request

GENERAL

- We operate an open viewing policy to all parents/guardians to enable you to observe the training sessions, provided it does not contravene our Health & Safety regulations.
- Gymnasts are encouraged not to bring mobiles into the gym. The receptionist or coach will make any necessary urgent calls home.
- The club are not responsible for loss or damage to property.
- Parents/guardians are welcome to volunteer as coaches or helpers, and appropriate courses/training will be offered. Affiliation to BG and enhanced DBS will be undertaken via the club.
- All coaches are British Gymnastics qualified to the levels they are coaching.
- The club has adopted the British Gymnastics 'Rise' Badge scheme. Gymnasts must be registered with British Gymnastics for Membership and Insurance to have access to this on-line.

SAFEGUARDING

- All coaches, staff and volunteers have been screened for their suitability to work with children and have undergone an enhanced DBS check.
- The club has three Welfare Officers. Any problems, i.e. personal, coaching related or financial should be directed to them in the first instance.
- The club has adopted the BG policies for Safeguarding, Equity and Code of Conduct. All officials, coaches, members and parents must adhere to these policies. A copy is displayed in the foyer and available on request.
- All gymnasts should be escorted to and from training sessions by a responsible adult. We would appreciate all gymnasts to arrive and be collected promptly.
- If a gymnast is unable to attend their session for any reason, please inform the club by telephone or in person.

Health and Safety

- The venue and equipment are regularly checked by club officials and outside agencies for Health & Safety.
- Fire procedures are carried out regularly.
- All sessions have at least one appointed First Aider.
- All coaches are first aid trained.

Code of Dress

- All gymnasts to wear a leotard (not dance or swimwear) Boys leotards are also available.
- Hair must be neat - if hair is long enough then please tie it back. Medium length hair to be tied back and plaited. Longer hair to be tied back, plaited and turned under to shorten its length. No large hair adornments, hard hair bobbles or plastics head bands.
- It is BG policy that jewellery and adornments worn in body piercing are deemed inappropriate for safe practice in gymnastics and trampolining. All jewellery must be removed to reduce the risk of injury to the participant, the coach and to others. Failure to conform will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance.
- No shoes to be worn into the main gym at any time.

The following information is displayed on the Club's main noticeboard opposite Reception

Welfare Officer, Regional Welfare Officer, ChildLine,
NSPCC contact details on Flow Chart.
Complaints Reporting Procedures
Reporting Concerns' Flowchart
British Gymnastics Registration Certificate

Other Documents available on request

Anti-Bullying Policy
Safeguarding Children Policy
Social Media Policy
Code of Conduct for Coaches
Code of Conduct for Parents
Code of Conduct for Gymnasts

Welfare Officer

Mrs S Chard
c/o Deal Gymnastics Club,
Victoria Park,
Mill Road,
DEAL, Kent CT14 9AH
Tel: 01304 363817

Contact can be made personally or by letter marked 'Private and Confidential'